

# FT and PT Adult Therapist – Championing Healing for Survivors of Domestic and Sexual Violence

Join Our Seasoned Organization and Make a Transformative Impact

Are you ready to reimagine what healing can look like? Do you believe every survivor deserves a voice, safety, and the chance to thrive? At Safe Connections, we see therapy not simply as a service, but as a journey of restoration, empowerment, and radical hope. We are seeking an exceptional Adult Therapist who is passionate, innovative, and deeply committed to advocating for survivors of domestic violence and sexual violence. If this resonates with you, we invite you to embark on this mission with us.

#### Who We Are

We proud to be one of the St. Louis region's oldest and largest organization working to prevent and end domestic violence, dedicated to dismantling barriers and building safe, resilient communities. We believe in the power of survivor-centered healing and are boldly redefining prevention education, crisis intervention and therapy, making a significant difference for families and the health of our community.

Our vision: A world where every survivor is heard, believed, and equipped to reclaim joy and agency in their life.

# The Role: Adult Therapist

As an Adult Therapist specializing in serving survivors of domestic violence and sexual violence, you will become a cornerstone of our holistic healing work. Your voice will help shape the future of trauma therapy, and your expertise will be called upon to innovate, support, and empower.

#### Your Mission

- Deliver compassionate, evidence-based individual and group therapy to adult survivors, embracing an approach that centers their unique strengths and identities.
- Collaborate closely with advocates and community partners to ensure seamless, wraparound support for every client.

- Develop creative interventions—art, movement, nature, narrative, and more—to foster resilience and support recovery beyond traditional talk therapy.
- Embody and model trauma-informed, anti-oppressive, and culturally responsive practice at every level.
- Contribute to ongoing program evolution: your insights, innovations, and feedback will directly impact the services we provide and the lives we touch.
- Champion prevention and awareness by facilitating workshops, training, and public education initiatives.
- Advocate fiercely for survivor autonomy, continually seeking out new ways to break cycles of violence and promote justice.

#### What Makes This Role Innovative?

- Flexible, Survivor-Led Care: You'll have the autonomy to co-create treatment plans with clients, honoring their voices, choices, and cultural backgrounds.
- Multimodal Interventions: We encourage experimentation with art therapy, somatic therapies, mindfulness, and beyond. Your creativity is welcome here.
- Ongoing Professional Growth: You'll receive regular training, mentorship, and opportunities to spearhead pilot programs that push the boundaries of trauma care.
- Technology-Enabled Reach: We offer in-person one-on-one, group and telehealth modalities, making therapy more accessible and client-centered.

# **Essential Responsibilities**

- Provide short- and long-term trauma-informed therapy to adults impacted by domestic and sexual violence.
- Facilitate support and psychoeducational groups.
- Conduct comprehensive assessments and collaboratively develop treatment goals.
- Offer crisis intervention and safety planning as needed.
- Maintain accurate, confidential client records in accordance with legal and ethical standards.
- Attend regular supervision and multi-disciplinary team meetings.
- Act as an ambassador for our mission, both within the organization and in the greater community.

#### Who You Are

- Empathetic, nonjudgmental, and unflinching in your belief in survivor resilience.
- Passionate about social justice and committed to continued learning around anti-oppression and intersectionality.

- Collaborative in spirit—believing that the best outcomes emerge from shared wisdom.
- Skilled at holding space for complex trauma, and sensitive to the diverse realities
  of gender, race, class, ability, sexuality, and more.
- Communicative and transparent, able to listen deeply and speak honestly.

### **Required Qualifications**

- Master's degree in counseling, social work, psychology, or a related field (or currently enrolled and near completion).
- Licensed or license-eligible in this state (LPC or LCSW preferred, LMSW or PLPC required).
- 2 years' direct clinical experience with adults, ideally with survivors of trauma preferred.
- Experience with trauma-informed, survivor-centered, co-occurring symptoms, and strengths-based therapeutic models.
- Ability to provide culturally competent care across diverse backgrounds.
- Comfort and skill in both in-person and telehealth therapy.

### Preferred, but Not Required

- Experience with creative, expressive, or alternative therapeutic modalities.
- Bilingual or multilingual proficiency.
- Familiarity with restorative justice, harm reduction, or peer support models.
- Previous work in advocacy, prevention, or community education.

#### Compensation, Benefits, and Culture

- Excellent benefits include 80% of medical premium paid; 100% of dental, vision, life insurance, short-term disability and long-term disability covered.
- Hybrid and flexible work schedule
- 30-hour summer work week
- Paid vacation, sick and holidays, total of forty-three annually
- Annual professional development budget—grow your passion and your expertise.
- Clinical supervision and peer consultation groups.
- Technology and travel support for hybrid work.
- Warm, values-driven workplace culture that celebrates authenticity and creativity.

#### **How to Apply**

We want to know who you are—not just what you've done. Please send us:

- A cover letter that captures your philosophy of healing, your connection to our mission, and a creative vision for survivor support.
- Your resume or CV.

# To be considered for the position please send both to Robin Anderson, HR Generalist robin@safeconnections.org

The position will remain open until filled. No phone calls please. We welcome applicants of all backgrounds and identities. Survivors, system-impacted individuals, and those from historically marginalized communities are especially encouraged to apply.

#### **Our Commitment**

We are proud to be an equal opportunity employer. We honor and celebrate diversity in all its forms. Our workplace is inclusive, anti-racist, trauma-informed, LGBTQIA+ affirming, and accessible. If you require accommodations at any stage of the application process, please let us know.

# Ready to Build Something Beautiful?

If you're not afraid to dream—and to do—alongside us, we can't wait to meet you. Let's envision new possibilities for healing together.