



Client Bill of Rights and Responsibilities

You have the right to...

- **INFORMED CONSENT** concerning treatment modalities and potential risks of therapy.
- **PARTICIPATE** in the service decisions regarding your therapy, and the selection of options for alternatives or referral to other organizations, as indicated by your need for care or referral to another provider.
- **FAIR AND EQUITABLE TREATMENT** including services that are respectful of, and responsive to, cultural differences, identity and language accessibility including use of an interpreter
- **CONFIDENTIAL** treatment of information regarding your therapy sessions as well as the right to approve or refuse the release of this information to outside parties except when required by law or necessary according to standards of care for treatment.
- Be treated with **COURTESY, DIGNITY, RESPECT AND CONSIDERATION** by the staff or volunteers of Safe Connections and not be subject to physical restraint, sexual or any other forms of harassment.
- Receive appropriate **PROFESSIONAL CARE** from the mental health professionals at Safe Connections. This includes knowing that therapeutic treatment decisions are based solely on diagnosis and treatment needs and that there is consistent enforcement of program rules and expectation without favoritism or discrimination.
- **KNOW** the complaint process at Safe Connections and have access to the forms.
- **COMMENT** on the care you receive without fear that it will affect future care.
- **REFUSE** participation in any service or treatment option offered to you and be informed about the consequences of such refusal, including the possibility of discharge.
- To receive services in a **NON-DISCRIMINARY** manner.

It is your responsibility to...

- **INFORM** your therapist of all health and mental health concerns, past hospitalizations, medications, or other mental health related issues. We ask that you please contact your therapist prior to coming into session if any health concerns could put you, and others around you, at risk.
- **PARTICIPATE** in the service plan and agreed upon goals and inform your therapist if you cannot follow the plan. If an alternative plan is developed or if you refuse to follow recommended treatment, you should be told how this could affect your treatment outcome.
- **KEEP** all your appointments and notify your therapist of a cancellation.
- **REFRAIN** from use of corporal punishment of children while receiving care from Safe Connections.